



POWER OVER ME

Choreographed by

Jef Camps, Roy Verdonk & Annette Rosendahl Dam (January '19)

Choreographed to

"Power Over Me" by Dermot Kennedy



Intro see notes below

48 COUNTS – INTERMEDIATE LEVEL – 2 WALL

Section 1 1-2& 3&4& 5-6 7&8	Side, Behind, Side, Vaudeville, & Heel Grind, Behind-Side-Cross RF step side, LF cross behind RF, RF step side LF cross over RF, RF step slightly to R side, LF dig heel diagonally forward, LF close next to RF RF cross over LF on R-heel, LF step side while twisting on R-heel (toes pointing R) RF cross behind LF, LF step side, RF cross over LF	6:00
Section 2 1&2 3&4 5-6 7&8	Chasse, Shuffle ½ Turn, ½ Back, Sweep, Sailor 1/8 Turn LF step side, RF close next to LF, LF step side ¼ turn R & RF step side, LF close next to RF, ¼ turn R & RF step forward ½ turn R & LF step back, RF sweep backwards RF cross behind LF, LF step side, RF step into R diagonal	6:00 12:00 1:30
Section 3 &1-2 3&4 5-6 7&8	Ball, Rock Fwd/Recover, Coaster Step, Step Fwd, Sweep, 1/8 Cross Samba LF close on ball next to RF, RF rock forward, recover on LF RF step back, LF close next to RF, RF step forward LF step forward, RF sweep forward 1/8 turn R & RF cross over LF, LF step side, RF step side	1:30 1:30 1:30 3:00
Section 4 1&2& 3&4 5-6 7&8	Kick, Cross, Touch, Ball, Heel, Ball, Touch, Step, ½ Pivot, Step-Lock-Step LF kick in R diagonal, LF cross over RF, RF touch behind LF, RF step back on ball LF dig heel forward, LF close on ball next to RF, RF touch next to LF RF step forward, make ½ turn L putting weight on LF RF step forward, LF lock behind RF, RF step forward	9:00
Section 5 1-2 3&4 5-6 7&8	Prissy Walks With Sweeps, Cross, ¼ Back, Shuffle 1/2 LF step forward/slightly across RF, RF sweep forward RF step forward/slightly across LF, LF sweep forward LF cross over RF, make ¼ turn L & RF step back ¼ turn L & LF step side, RF close next to LF, ¼ turn L & LF step forward	6:00 12:00
Section 6 1-2 3&4 5-6 7&8	Rock Fwd/Recover, Shuffle ½, Rock Fwd/Recover, Coaster Cross RF rock forward, recover on LF ¼ turn R & RF step side, LF close next to RF, ¼ turn R & RF step forward LF rock forward, recover on RF LF step back, RF close next to LF, LF cross over RF	6:00
EXTRA'S		
Tag + Restart 31-32 1-2-3-4 Intro	In wall 6 there will be step change for counts 31&32 (step-lock-step in 4th section) by adding a 6 count tag before restarting the dance Make ¼ turn L & RF step side, hold Make a half circle with both hands over 4 counts crossed in front of chest, moving down and then sideways/out and going up to the sky It seems to be hard to count in the track, it can be easier to count the intro like this: 1-2-3-4-5-6 1-2-3-4-5-6 5-6-7-8	12:00