



SLOW MOTION

Choreographed by
Grace David, Roy Verdonk & Jef Camps (March '25)

Choreographed to
"Slow Motion" by Marshmello & Jonas Brothers



Intro: 16 counts

32 COUNTS – IMPROVER LEVEL – 4 WALL

Section 1 1-2 3&4 5-6 7&8	Step, Point, Sailor ½ Turn, Walk, Walk, Anchor Step LF step forward, RF point side ½ turn R & RF cross behind LF, LF step side, RF step forward LF walk forward, RF walk forward LF lock behind RF, recover on RF, LF step back	6:00
Section 2 1-2 3-4 5-6 7&8	Rock Back, Recover, Step Fwd, ½ Pivot, ¼ Large Side, Drag, Behind-Side-Cross RF rock back, recover on LF RF step forward, make ½ turn L putting weight on LF ¼ turn L & RF large step side, drag LF towards RF LF cross behind RF, RF step side, LF cross over RF	12:00 9:00
Section 3 1-2 3&4 5-6 7&8	Side Rock/Recover, Cross Shuffle, ¼ Back, Side, Cross Shuffle RF rock side, recover on LF RF cross over LF, LF step side, RF cross over LF ¼ turn R & LF step back, RF step side LF cross over RF, RF step side, LF cross over RF	12:00
Section 4 1-2 &3-4 5&6 7-8	Side, Hold, Ball, Side Rock, ¼ Recover, Step-Lock-Step, Prissy Walks RF step side, hold LF close on ball next to RF, RF rock side, ¼ turn L & recover on LF RF step forward, LF lock behind RF, RF step forward LF step forward (slightly across R), RF step forward (slightly across L) <i>Optional: full turn instead of prissy walks</i>	9:00
EXTRA'S		
Restart:	In wall 4 dance up to count 16, then start again but replace count 1 with snapping your fingers cause your weight is already on the LF, continue the dance with count 2.	12:00
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